

# SIMON SAYS

1. Jump like a frog.
2. Spin in a circle.
3. March in place.
4. Freeze like a statue.
5. Touch your toes.
6. Hop on one foot.
7. Fly like a bird.
8. Meow like a kitten.
9. Jump to the left.
10. Jump to the right.
11. Make a silly face.
12. You're stuck in mud.
13. Make heart hands.
14. Squat for 5 seconds.
15. Wiggle like a worm.
16. Put your fingers in your ears and hum.
17. Take a bow.
18. Yoga tree pose.
19. Play air drums.
20. Look surprised.
21. Wink.
22. Shake your left foot.
23. Jump rope.
24. Stand like a zombie.
25. Shake your whole body.
26. Go to sleep.
27. Pretend to sit down.
28. Drive a car.
29. Make a fish face.
30. Hop like a bunny.
31. Play air guitar.
32. Row a boat.
33. Be a robot.
34. Count to 10 softly.
35. Jump high.
36. Run in place.
37. Give yourself a hug.
38. Blow a kiss.
39. Waddle like a duck.
40. Hold up 7 fingers.
41. Reach for the stars.
42. Be as quiet as a mouse.
43. Touch your epidermis.
44. Climb a ladder.
45. Wiggle your hips.
46. Point to something green.
47. Be a flamingo.
48. Do 6 jumping jacks.
49. Baby roar like a dinosaur.
50. Fly like a butterfly.
51. Blink fast.
52. Touch each of your fingers to your thumb
53. Silently clap 9 times.
54. Make the 'C' sound.
55. Wiggle your nose.
56. Pretend your feet are stuck to the floor.
57. Stand on your toes.
58. Ride a horse.
59. Pat your head and rub your belly.
60. Catch bubbles.
61. Look confused.
62. Be a chicken.
63. Crouch down low.
64. Touch your nose with your tongue.
65. Swim.
66. Wave like royalty.
67. Run slowly in place.
68. Touch your right foot with your left hand.
69. Make an 'L' with your arms.
70. Snap your fingers.
71. Act like a monkey.
72. Be a teapot, pour tea.
73. Waggle your eyebrows.
74. Touch your elbows.
75. Be an elephant.